

- 01** Swelling and bruise will be occurred for 3 days after surgery and will be gradually subsided.
- 02** The surgical area may be painful for 2-3 days after surgery when chewing food.
- 03** Use an ice-pack for 2-3days after the surgery. When using the ice-pack, please place a thin towel or gauze on the surgical area and apply the ice-pack which is given from the hospital.
- 04** Bandage and tapes applied after the surgery should not be taken off.
- 05** Dietary supplements taken before the surgery should be resumed taking 1 week after as it can cause bleeding.
- 06** Please avoid massage and high (radio) frequency massage up to 2 months after surgery.
- 07** Heavy exercise such as aerobics or working out at a gym should be done 4 weeks after surgery except taking a walk.
- 08** Basic face wash and shower can be done 2 days after surgery. However, avoid sauna or hot spring for 4 weeks.
- 09** Only pain killers and antibiotics prescribed by the hospital need to be taken. If necessary, you can additionally take Tylenol which does not contain Aspirin. Please avoid taking pain killers which are related to Aspirin as it may cause bleeding.
- 10** Drinking and smoking should be avoided for 4 weeks. Alcohol can cause inflammation and smoking can damage/necrotize skin or postpone wound recovery as it contracts vessels.
- 11** In case of emergency or any questions, please contact (+82-10-7156-6546)